



## MEMBERS PACK



# 2018 – 2019

## Welcome to Old Chelts

The club was originally formed in 1976 under the name of "Falcons" before changing its name to OLD CHELTS. As time progressed the club began to grow, and many players re-joined having returned from University. Today the club continues to attract new talent from local schools and the surrounding community.

As one of Cheltenham's premier netball clubs, we offer our players the opportunity to progress from High 5s netball, through the U12, U13, U14, U16 and divisional Gloucestershire Leagues right up to the Premier Fiscal League.

Please see our website [www.oldchelts.co.uk](http://www.oldchelts.co.uk) for more on the club and our policies and procedures.

Our Club Constitution sets out our aims and objectives to promote the personal development of all club members, participants, volunteers and officials of the Club in relation to netball and, where appropriate, provide routes to opportunities to enhance and increase individual skills. It also sets out our Discipline and Appeals.

Old Chelts players are expected to:

- Attend training and matches whenever possible, notify your coach / team manager as soon as possible if you are unavailable
- Ensure clothing and footwear is suitable for training and matches
- All hair should be tied back, and all jewellery removed
- Learn and observe the rules of the game
- Play fairly, be competitive but not aggressive
- Never question a decision made by the umpire, either by a gesture, look, verbally, or by commenting to another player
- Give the ball promptly to opponents for throw ins, penalty shots, free passes and penalty passes
- Keep your self-control at all times and do not retaliate
- Do not use obscene language at any time
- Congratulate the opposition on scoring a goal, or making a good play
- Accept victory modestly and defeat graciously. You are representing our club and will be judged on your behaviour
- Shake hands with your opponent at the end of the game, and give three cheers to the opposition



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### Training Fees and Membership

Annual Membership, which includes affiliation to England Netball, is payable from Year 7 upwards. Membership is payable at the start of the season or as soon as you join the club and must be paid before you are able to play competitively for the club. Non-payment invalidates our insurance.

Currently our membership fees are:

- U16 - £25
- U18 - £30
- 19+ - £50

Training fees differ per group and are requested twice yearly in September and January or, if you join mid-season, when you join:

Junior Training Fees are currently calculated as:

- First Step - £3 per session
- Hi Fives, U12, U13 and U14 - £3.50 per session
- U14 Elite, U16 & U16 Elite - £5 per session

Senior Training Fees are currently:

- U18 - £90 per season
- 19+ - £150 per season

We offer 50% sibling discounts which is applicable on cheaper training fee(s). There is no discount on annual membership.

A full breakdown of your annual fees should be quoted on your Registration Form. Please contact our Treasurer ([finance@oldchelts.co.uk](mailto:finance@oldchelts.co.uk)) if this information has been omitted.

All fees are reviewed annually

### Payment options

<b>Online</b>	Sort code 60 05 16 Account number 07745397 Reference – please quote the player’s name and group
<b>Cheque/cash</b>	Cheques made payable to OLD CHELTS NETBALL CLUB. Reference – if not the signatory please quote player’s name on reverse






## Website

Our website is updated on a regular basis and contains lots of useful information and links.

[www.oldchelts.co.uk](http://www.oldchelts.co.uk)

## Old Chelts Kit

Our kit is made to order by [www.SilverFX.co.uk](http://www.SilverFX.co.uk) and, therefore, takes 6-8 weeks to be delivered. Order deadlines are always being added throughout the season. Please contact Cat on [kit@oldchelts.co.uk](mailto:kit@oldchelts.co.uk) if you want to find out more about how to order or have a question about an existing order.

Group	Kit needed	Example of kit
KS1 – First Step & Hi Fives	No requirement although polo tops and hoodies are available to buy.	
KS2 & above – League matches	Club dress or Top & Skort  The club has a limited supply of senior match kit that can be loaned whilst you wait for delivery of your own. Please contact your Team Manager to find out more.	
KS2 & above – training kit	No requirement although, base-layers, polo tops, hoodies and tracksuit bottoms are available to buy.	

❖ You can access the SilverFX website through the Members Area on our website.



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### Privacy and Consent

During the season, photos and videos could be taken and used by the club, local media and other netball organisations to promote the club in netball magazines, local papers and on the website. We ask you to confirm or deny your consent to this on the **Registration Form**.

By signing the Registration Form you are agreeing to abide by Old Chelts Netball Club **Codes of Conduct** and consent to the processing of personal data for the purposes of registering and playing with Old Chelts Netball Club, including affiliation with England Netball.

### Safeguarding

As a club, we follow the [England Netball Safeguarding guidelines](#).

We are committed to creating and maintaining the safest possible environment for adults, children and young people to participate in Netball and recognise our responsibility to promote a safe environment for any concerns to be reported without fear of reprisal. We are committed to ensuring the maximum enjoyment of Netball to all players, coaches, volunteers and other stakeholders.

- ❖ Our safeguarding policy and procedures (as well as links to Childline and NSPCC) are listed on the right of our Safeguarding page on our website.

Please contact Kirsty or Caroline on [BeSafe@oldchelts.co.uk](mailto:BeSafe@oldchelts.co.uk) if you have any concerns or questions.

### Volunteers

Old Chelts Netball Club relies on volunteers to help us in all areas. Our committee is made up entirely of volunteers, we have parents who help our coaches manage the groups and players who assist our junior coaches. We recognise that our volunteers make a huge contribution to the club. Volunteering is a rewarding experience, not only benefiting the club, but also the individual – developing skills for use at college, university or in the workplace.

Please contact our Volunteer Coordinator ([oldchelts@oldchelts.co.uk](mailto:oldchelts@oldchelts.co.uk)) to find out how you can get involved.

### Developing Skills

England Netball offer many Officiating and Coaching courses. As a club we can offer subsidies to those members who want to develop these skills.

Please contact the committee ([oldchelts@oldchelts.co.uk](mailto:oldchelts@oldchelts.co.uk)) if you would like to find out more.

Have fun, get fit, meet new friends, develop netball skills at OLD CHELTS NETBALL CLUB  
[www.oldchelts.co.uk](http://www.oldchelts.co.uk)



## Juniors Training

Caroline Mackenzie is our Junior Coach Lead / Mentor and coordinates the junior coaches. Due to the size of our junior section our weekly training programme is run over several nights:

Group	Yr(s)	Day	Venue	Timings	Contact
<b>First Step</b>	<b>YR 3 &amp; 4</b>	Tuesday	Bournside – small hall	5.30 - 6.40	<a href="mailto:FirstStep@OldChelts.co.uk">FirstStep@OldChelts.co.uk</a>
<b>Hi Fives</b>	<b>YR 5 &amp; 6</b>	Tuesday	Bournside – large hall	5.30 - 6.40	<a href="mailto:HiFives@OldChelts.co.uk">HiFives@OldChelts.co.uk</a>
<b>U12</b>	<b>YR 7</b>	Thursday	Chelt Ladies College	6.15 - 7.30	<a href="mailto:U12@OldChelts.co.uk">U12@OldChelts.co.uk</a>
<b>U13</b>	<b>YR 8</b>	Tuesday	Bournside – large hall	6.40 - 7.45	<a href="mailto:U13@OldChelts.co.uk">U13@OldChelts.co.uk</a>
<b>U14</b>	<b>YR 9</b>	Wednesday	Balcarras	8:00 - 9:00	<a href="mailto:U14@OldChelts.co.uk">U14@OldChelts.co.uk</a>
<b>U14 Elite</b>		Thursday	Chelt Ladies College	7.30 - 9:00	<a href="mailto:U14Elite@OldChelts.co.uk">U14Elite@OldChelts.co.uk</a>
<b>U16</b>	<b>YR 10 &amp;</b>	Tuesday	Balcarras	6.30 - 8:00	<a href="mailto:U16@OldChelts.co.uk">U16@OldChelts.co.uk</a>
<b>U16 Elite</b>	<b>11</b>	Tuesday	Cheltenham College	6.15 - 8:00	<a href="mailto:U16Elite@OldChelts.co.uk">U16Elite@OldChelts.co.uk</a>

## KS1 - Years 3 – 6 – High 5s

Children in our First Step and Hi Fives groups learn High 5 netball.

With 5 players on court, and up to four off-court roles, High 5 can be for mixed or single-sex teams with a maximum of two boys on court at any one time. A key part of High 5 is players rotating round positions. This means that all young people get to experience every position on court and makes for fitter more adaptable players as they get older. Off-court players also take on roles such as time keeping and scoring.

More information can be found on the England Netball website.

## KS2 - Years 7 – 11 – Junior League

Gloucestershire Netball runs a Junior League comprising U12, U13, U14 and U16 teams. They also run tournaments for the different age groups. The top three teams from both the U14 and U16 sections progress to the Netball South West U14 Regional League and U16 Regional League the same year, with a chance to qualify for the England Netball national finals.

Matches are played indoors on selected Sundays at Oxstalls Sports Arena and Leisure At Cheltenham. Fixtures are set by GCNA and communicated, by them, through their website and by email to the clubs.



We currently have nine teams competing in the Junior League:

Group	Team	League	Venue
U12	Swifts	U12 Division 1	Leisure At Cheltenham
U13	Hurricanes	U13 Division 1	
	Twisters	U13 Division 2	
U14 Elite	Arrows	U14 Division 1	Oxstalls Sports Arena
	Boomerangs	U14 Division 2	
U14	Catapults		
U16 Elite	Falcons	U16 Division 1	
	Harriers		
U16	Kestrels	U16 Division 2	

- **Match fees** are £3.50 payable to your coach at matches.

## Seniors Training

We have a weekly training programme – Tuesdays 6.15 – 8pm at Cheltenham College (term-time only) run by our Senior Coach, Mark Singer, an experienced Level 2 coach. We expect our members to attend on a regular basis.

Mark and team managers, Sharon Golden and Jess Oldall, will determine team line ups, starting sevens, based on ability and availability. This will be discussed and communicated at training, via email and on Facebook.

## County League

The County League is Gloucestershire Netball's main adult competition and was established in 1972. Matches are played on Saturdays from September to approximately Easter. Fixtures are set by GCNA and communicated, by them, through their website and by email to the clubs.

We currently have two teams competing in the League:

Team	League	Venue
Bullets	Premier League	Oxstalls Sports Arena
Jets	Division 3	Leisure At Cheltenham

- **Match fees** are £5 (19+) or £3.50 (U18) and are payable to your coach before the match.
- ❖ **You can access all the fixtures and results via the [Fixtures/Results page of our website.](#)**



Old Chelts Bullets – 2018 – 2019 Season with coach (Mark Singer)

## Points of Contact

### General:

Name	Position	Email
Sharon Golden	Chair & Secretary	<a href="mailto:Chair@OldChelts.co.uk">Chair@OldChelts.co.uk</a>
Rita Kester	Treasurer	<a href="mailto:Finance@OldChelts.co.uk">Finance@OldChelts.co.uk</a>
Cat Viveash	Kit & Equipment	<a href="mailto:Kit@OldChelts.co.uk">Kit@OldChelts.co.uk</a>
Caroline Mackenzie Kirsty Ellson	Safeguarding Team	<a href="mailto:BeSafe@OldChelts.co.uk">BeSafe@OldChelts.co.uk</a>
	Juniors – general enquiries	<a href="mailto:Juniors@OldChelts.co.uk">Juniors@OldChelts.co.uk</a>
	Seniors – general enquiries	<a href="mailto:OldChelts@OldChelts.co.uk">OldChelts@OldChelts.co.uk</a>

### Specific:

Name	Position	Email
	Coach	
	Team Manager / Parent Helper	



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### Further information

Match Reports, photos and updates will be emailed and are posted on our closed Facebook Group which you can request access to (please search for Old Chelts Netball Club to find us). More information, links to all our policies and procedures, information on kit ordering and much more can be found on our website [www.oldchelts.co.uk](http://www.oldchelts.co.uk)



❖ You can also keep in touch by following us on Twitter and liking our Facebook Page



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Documents to be attached to this pack:

- Registration Form
- Codes of Conduct for:
  - Players
  - Parents/Guardians

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